

10 Cool Things

- 1 **Cradle under a sea of stars. Try ‘Starlight Gazing’** • An innovative spa treatment, the starlight gazing session takes form under a sea of stars. At Spa Village Resort Tembok, Bali, when clear blue skies darken, they reveal a plethora of stars that appear almost close enough to touch. Guests lie weightless on a floating platform taking in the enormity of the universe above listening to a specially selected soundtrack. Starlight Gazing is a perfect blend of nature’s simplicity with the hi-tech fusion of Ultra Meditation music and is a perfect way to end the night.
- 2 **Learn the arts of making Jamu and Boreh** • For those who seek a deeper understanding of Balinese healing culture, learn the art of making traditional Jamu and Boreh, a traditional herbal tonic and body scrub.
- 3 **Discover a Second World War shipwreck at Tulamben** • 30 minutes by car from Spa Village Resort Tembok Bali, is Tulamben where beneath its waters lies the Liberty Shipwreck in depths from 9-30m. The wreck, a 120 metre long WWI cargo ship equipped with guns for WWII, was torpedoed by the Japanese in 1942 and now lies encrusted in anemone, gorgonia and coral amidst the stunningly diverse ecosystem that inhabit the waters of Tulamben. From the minute Anglerfish, neon nudibranches, Ghost Pipefish through to the areas of Garden Eels and multi-coloured clouds of anthias and damsels and on to the schools of Sweetlips, Batfish, fusiliers and Butterflyfish, the variety of marine life in the waters surrounding the wreck are amazing.
- 4 **Adventure Les Waterfall** • A mere 45 minutes bicycle ride away from the resort, lies the Les Waterfall. The bicycle ride meanders through a few quaint Balinese villages. The hike up towards the waterfall from the base is rather moderate and takes about half an hour. On the way, there is a shrine to honour Dewi Sri (the goddess of fertility and growth, wife to Vishnu, the sustainer). A picnic basket is laid out at the foot of the waterfall where you can enjoy a simple lovingly prepared meal surrounded by the peaceful sounds of nature.
- 5 **Sunset Cruise in a Traditional Jukung** • A traditional Balinese boat, the Jukung, bobs along the calm waves of the Bali Sea. There is a vibrant energy from this spot where the whole of Mount Agung can be seen. A rare and beautiful sight of schools of dolphins can be spotted given the right time and conditions. Embrace the energy and peace of the waves as the sun sets behind the island.
- 6 **Unwind at the resort’s spa with authentic traditional treatments such as Segara Giri** • The Segara Giri, precludes every treatment at Spa Village Resort Tembok, Bali. Segara means Ocean and Giri means Mountain in the Balinese language. As here in Spa Village we rest between the mountain and the ocean. The black volcanic sand of our beach is created between the interaction of these two powerful forces of nature.
- 7 **Learn the art of Balinese dance** • There are dances for the people; there are dances for the gods. More than a display of skill, dances symbolise the ancient battle between the Ranga (evil) and the Barong (good). The musicians play gamelan music in white gelongs (traditional Balinese headscarves) on bamboo instruments. The dancers themselves wear an elaborate traditional headdress, clothed in a ceremonial cloth of gold with glints of crimson. As they dance, their hands carry flower offerings similar to those that are offered to the Gods all over Bali. A glimpse into the art and mystique of traditional Balinese skills passed on over generations.
- 8 **The Guest Artist Programme** • Immerse in a range of artistic activities such as painting, woodcarving, basket weaving, yoga, Qi Gong, lifestyle card reading; performing arts such as drama, music and dance along with other international art forms - a combination of activities and exposure that nurtures creative expression and discovery through the beauty and colours of the Balinese arts. The Guest Artist Programme features a schedule of visiting local and international artists/masters who guide guests through the artistic experiences. These masters of their trades take up a month-long residency at the resort and provide their expertise in the daytime either in the art studio or the beautiful gardens depending on the art form.
- 9 **Healthy food - fresh & organic produce served daily** • Embracing the philosophy of Spa Village and the warm hospitality of the Balinese people, the food at Wantilan is lovingly prepared. The plethora of indigenous fruits and flavors is the basis for an extensive exotic drinks menu, not to be missed.
- 10 **Exceptional occasions - intimate gatherings amidst a dramatic landscape of a black hued beach & a mountain range** • Unique & individually crafted, set on a dramatic landscape between soaring peaks and the deep blue sea, intimate experiences in Spa Village Resort Tembok, Bali are infused with the gentle spirituality and cultural vibrancy of the Isle of the Gods. Be inspired by the creativity and exotic romance of Old Bali.

